

Request for Therapeutic Services Interest Form

Background Information

Name:	Today's Date:
Date of Birth:	Gender:
Address:	City/Zip:
Current Living Situation:	
☐ Group home ☐ Own Family ☐ Independent Home ☐ Shared home ☐ Other:	
Medicaid #: Conservator: (Does the individual have a conservat	
• Name:	
• Phone:	
• Email:	
Consent for Referral: As the applicant or conservat admission and care offered within the requested posignature:	cor/guardian for the applicant, I give consent to the rogram.



Program Interest

Please circle each program being requested

Soc	cial Skills Groups	Recreational Therapy	Sensory Integration	Physical Therapy
What	is your environmen In-clinic In-home Virtual (if possible No preference			

Contacts	Name	Phone	Email
Parent/Guardian/			
Conservator			
Primary Care Physician			
Psychiatrist			
Neurologist			
Other Physician			
Specialty:			
Other Physician			
Specialty:			
Other Physician			
Specialty:			



Reason for Request: Please explain why the individual is requesting therapeutic services. What are they hoping to gain?		
Prior Therapy or services: Is the individual currently receiving therapy, or have they had this type of service in the past? If so, when and by who?		
Physical Health Diagnoses: List any medical diagnoses or physical health problems (visual impairment, arthritis, paralysis, etc.)		
Current home situation Housemates? Level of Independence? Individuals within his/her circle that are important to him/her?		
Day Activities Describe the person's daily life routine.		
Medicaid Waiver Does the individual qualify for Medicaid Wavier services? If so, for which Medicaid waiver services has funding been applied or approved?	☐Statewide Waiver ☐Self-Determination Waiver ☐ Employment and Community First Choices ☐ Other	□None □In Process of Approval □Approved
Insurance: Is the individual currently covered by any insurance? If so, what kind?	□Does have insurance □Does not have insurance Coverage	If yes: Insurance type: Group #: Policy #:



Behavior Information

Employment	
Does the individual have a job or want	
to pursue future employment?	
Communication	
Is the individual verbal? Can they	
independently request wants/needs	
using language?	
Alternative Communication	
Does the individual use a specific type	
of assistive technology to	
communicate? If so, what do they	
use?	
Self-Care	
Describe self-care abilities.	
(Showering, toileting, dressing,	
laundry, etc.)	
Chores	
Describe household maintenance	
abilities. (dishes, vacuuming, cleaning	
bathroom, etc.)	
Eating	
Explain eating habits of the individual	
(picky eater, difficulty swallowing,	
over-eating, eating with utensils,	
eating non-food items, etc.)	
Fears/Concerns	
Is the individual afraid of anything? Do	
they not want to be around certain	
people or things?	
Safety	
Are there concerns about the	
individual's safety awareness?	
Transportation	
Does the individual drive, use public	
transportation, etc.?	
Routines	
Does the individual engage in any	
routine/ritualistic behaviors? If so, please describe	
piease describe	



Recreation/Leisure	
What does the individual like to do for	
fun? What are their hobbies and	
interests? What activities do they	
enjoy?	
Social Skills	
Please describe the individual's social	
life. Do they have friends? Do they	
enjoy being around others and	
engaging in group activities?	
Physical Barriers	
Can the individual walk, or do they	
require assistance navigating their	
daily life? Please explain	

Maladaptive Behaviors

Behavior	Please Describe: Intensity, Duration, etc.
Physical Aggression (hitting, spitting, kicking, biting, pushing etc.)	
Self-Injury (head-banging, picking, etc.)	
Property Destruction (punching walls, breaking items, etc.)	
Elopement (running away from home or family, etc.)	
Stimming behaviors (Repetitive or unusual movements like hand flapping)	
Sexually Inappropriate Behavior (inappropriate touching, etc.)	



Other Please list any other behaviors that are of concern	

Document attachments

Please provide the following documents for review with this application:

- Most recent annual Physical
- Current list of medical providers, with phone numbers and addresses
- Historical clinical assessments (medical, psychiatric, behavior, therapies)
- ISP/IEP (Most recent IEP if out of school)
- Behavior Support Plan, Most Recent CSMR or Follow Up Note.
- Proof of insurance- photocopy of front/back of insurance card
- Proof of Identity- photocopy of ID/license.
- Proof of Diagnosis, if applicable
- Referral from doctor/provider for therapy being requested, if applicable